

FOOD ASSISTANCE RESOURCE GUIDE



RESOURCE MAP

SCAN FOR A MAP OF THE
RESOURCES LISTED IN
THIS GUIDE OR VISIT:

bit.ly/nhvfoodmap

Please call ahead to confirm hours

FOOD PANTRIES

OPEN TO ALL

No proof of income or
residency status required

- All agencies that distribute TEFAP/USDA food must distribute food to CT residents regardless of city or neighborhood.
- Individuals will be asked to verbally attest to eligibility requirements.

Believe in Me Impowerment
427 Dixwell Ave.
203-772-2771
1st Tues & 3rd Thurs of month,
12pm-4pm

Bethel AME Church
255 Goffe St.
203-865-0514
203-915-2947
3rd Sat of month, 10am-12pm

**Beulah Heights Church -
Helping Hand Food Pantry**
782 Orchard Street
203-745-3589
203-787-3393
2nd Tues of month,
3pm-5:30pm
4th Tues of month, 11am-1pm;
By appointment only.

**Breakthrough Church &
Life Kingdom Ministries -
Newhallville Substation**
203-691-9296
596 Winchester Ave.,
4th Tues of month, 4pm-6pm
481 Shelton Ave.,
2nd & 3rd Sat of month,
12pm-2pm

Cathedral of Higher Praise
155 Grand Ave.
203-776-7676
2nd & 4th Sat of month,
9am-10am

Centro San Jose
290 Grand Ave.
203-777-6771
3rd Friday of month, 9am-12pm

Christian Community Action
168 Davenport Ave.
203-777-7848
Scheduled appointments
recommended for M, T, W
9:30am-3:45pm; Emergencies
only Tues 2pm-3pm

**Christian Love Center-
West River**
154 Derby Ave.
203-927-6039
2nd & 4th Thurs, 4pm-6pm

Community Baptist Church
143 Shelton Ave.
203-562-7060
1st Wed of month, 10am-11am

Door of Salvation Church
3 Arch St.
203-691-5608
3rd Tues of month, 10am-11am

Downtown Pantry
311 Temple St.
203-624-6426
Wed, 1:30pm-3pm

Glorified Deliverance
604 Dixwell Ave. 4th Sat of
month, 11am-1pm

Iglesia Jehovah Rohi
577 Howard Ave.
203-605-8060
3rd Sat of month, 11am-12pm
By appointment only

**Immanuel Missionary Baptist
Church**
1324 Chapel St.
203-777-8744
4th Sat of month, 8am-9:30am

**Integrated Refugee &
Immigrant Services (IRIS)**
75 Hamilton St. (across from
parking lot with loading docks)
203-562-2095 ext 218
Wed; 8:30am-11am
Pantry serves immigrants,
refugees, asylees, asylum
seekers, and CT residents.

Jewish Family Services
1440 Whalley Ave.
203-397-0796
Wed & Thurs 9am-11:45am;
By appointment only

**Liberty Educational
Service Center**
44 Eastern St.
203-691-9494
203-606-1905
2nd & 4th Sat, 1pm-3pm Only
open to New Haven residents.
Must call on Friday after 2pm
to make appt.

Loaves & Fishes
57 Olive St.
203-562-2691
Sat, 7:30am-10:30am

Mount Hope Recovery Center
565 Dixwell Ave.
203-785-0656
Two Fridays a month from
5:30pm-6:15pm. Call first for
the schedule

New Flame Restoration
1375 State Street
203-843-8831
Thurs, 3:30pm-5pm

New Haven Church of Christ
16 Gem St.
203-777-2992
2nd Sat of month,
starting at 12pm

**New Haven Inner City
Enrichment (NICE)**
Program- Hill Substation
410 Howard Ave.
203-479-0056
Last Sat of month,
11am-1pm

**Salvation Army -
New Haven Corps**
450 George St.
203-624-9891
M, W, F, 9am-12pm

Second Star of Jacob
185 Chapel St.
203-776-9603
Last two Thurs of month,
10am-12pm

St. Luke's Church
111 Whalley Ave.
203-865-0141 ext 101
1st & 3rd Fri; 10am-12pm;
Temporarily Closed

St. Matthew's Church
388 Dixwell Ave.
203-777-0472
2nd Sat of month, 8am-9am

**Upon This Rock Ministries -
Dwight Substation**
150 Edgewood Ave.
203-387-1215
3rd Sat of month, 9am-12pm

Varick AME Zion
242-246 Dixwell Ave.
203-624-6245
1st Sat of month, 10am-12pm
Mon-Thurs, 10am-4pm

**Vertical Church - Fair Haven
Substation**
295 Blatchley Ave.
203-503-8620
3rd Sat of month, 9am-11am

Walk of Faith Church
104 Fairmont Ave.
203-469-5134
Wed, 12pm-2pm

**Women of the Village -
Dixwell Substation**
26 Charles St.
203-675-9437
203-376-2790
Tues, 1pm-2pm

Connecticut Food Bank Mobile Pantry

Pantry times vary by
location and include
morning, afternoon,
and evening times to
accommodate as many
schedules as possible.
Check the schedule at:

bit.ly/mobilepantries

For additional resources,
please dial: 2-1-1

For the latest guide, visit:

bit.ly/getconnectednhv

SOUP KITCHENS

Community Soup Kitchen

84 Broadway
203-624-4594
Breakfast: M, T, Th 8am-9:30am
Sat 8am-9am

Downtown Evening Soup Kitchen (DESK)

311 Temple St.
203-624-6426
Sun-Thurs, 5pm-6pm;
All dinners served outside

Immanuel Missionary Baptist Church

1324 Chapel St.
203-777-8744
Sun, 11:30am-12:30pm

St. Luke's Church

111 Whalley Ave.
203-865-0141
Temporarily Closed

St. Martin Deporres

136 Dixwell Ave.
203-624-9944
Tues, 9:30am-10:30am

St. Matthew's Church

388 Dixwell Ave.
203-777-0472
Temporarily Closed

St. Paul's Church

150 Dwight St.
203-624-3937
Temporarily Closed

St. Thomas More Chapel

268 Park St.
203-777-5537
Wed, 11am-1pm; Begins the first
Wed in Oct and ends the last
Wed in April

Sunrise Café

57 Olive St.
Phone: N/A
M-F, 6:30am-8:30am

Thomas Chapel Church of Christ

30 White St.
203-865-6254
Wed, 11am-1pm

Varick AME Zion

242 Dixwell Ave.
203-624-6245
Mon, 5:30pm-6:30pm
Closed during major holidays

Yale Community Kitchen

323 Temple St.
203-624-6420
Fri & Sat, 5pm-6pm
All dinners served outside

CLIENT SPECIFIC NEEDS

FOOD PANTRIES

Ed Leduc Memorial Food Pantry – A Place to Nourish Your Health

1302 Chapel Street
203-624-0947
Mon-Fri: 10am-4pm
Grab and go bags only; Only open to APNH clients living with HIV

Free Forever Prison Ministry

125 Ramsdell Street
203-435-6418
Call M-F, 9am-5pm for an appointment. Food pantry provides food for individuals with HIV or recently released from prison. Call for more information

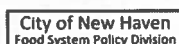
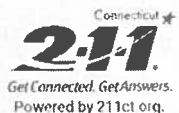
SNAP (Food Stamps)

Households and individuals who wish to apply for Supplemental Nutrition Assistance Program (SNAP) may check eligibility and apply online at www.connect.ct.gov, under 'Apply for Benefits'.

Women, Infants & Children (WIC)

Women, Infants & Children's (WIC) program is a supplemental food and nutrition program for pregnant women, new moms and children under the age of 5 yrs old. To apply to be a WIC participant, please call 1-800-741-2142.

This guide was developed in collaboration with:



To update resource information, please visit:

bit.ly/guideupdate

SENIOR MEALS

Atwater Senior Center

203-946-8558
Temporarily Closed

Casa Otonal

203-773-9849
Lunch: M-F, 12pm-1pm Age 60+

Dixwell/Newhallville Senior Center

203-946-8541
Temporarily Closed

East Shore Senior Center

203-946-8544
Temporarily Closed

FISH of Greater New Haven

Delivers groceries to homebound and disabled New Haven residents. Call

203-503-0107 to schedule an assessment. Calls accepted M-F: 9am-4pm; Delivery Hours M-F: 12pm-3pm
Age 60+; Income at or below 130% FPL

Greek Olive Restaurant

402 Sargent Drive
203-495-9990
Temporarily Closed

LifeBridge Community Services

Offers senior meals through Meals on Wheels (delivered M-F) and at 16 different cafés throughout the Greater New Haven area. Meals are served M-F starting at 9am. Call 203-752-9919